



PARISH OF OUR LADY QUEEN OF MARTYRS

101 Belmont Rd, Hereford, HR2 7JR. Reg. Charity 242380

Parish email: OLQM@talktalk.net Parish Website: www.olqmh Hereford.org.uk

Parish House : 01432 265177

Served by Monks of Belmont Abbey.

Rev. Dom Patrick Lobo OSB.

THE BODY AND BLOOD OF OUR LORD JESUS CHRIST – 23rd JUNE 2019

Psalter Week 4, Year C/I. The Sunday readings and prayers can be found in the Parish Mass Book on page 83

- Entrance Antiphon: He fed them with the finest wheat
and satisfied them with honey from the rock.
- Responsorial psalm: You are a priest for ever, a priest like Melchizedek of old.
- Gospel Acclamation: Alleluia, alleluia!
I am the living bread which has come down from heaven, says the Lord.
Anyone who eats this bread will live for ever.
Alleluia!
- Communion Antiphon: Whoever eats my flesh and drinks my blood
remains in me and I in him, says the Lord.
- Sunday Mass Readings: Genesis 14:18-20, Psalm 109:1-4, 1 Corinthians 11:23-26, Luke 9:11-17

Welcome to Our Lady's church. If you have recently moved into the area or if you are just visiting please make yourself known to us. Come and join us for tea or coffee after the Sunday morning Masses.

Children are most welcome at all our Masses. Mini church bags are available, by the hymn books

Children's Liturgy is in the Lady Chapel during the 9.30 am Mass on Sundays. All children are welcome.

Reflection for Corpus Christi

Today we honour and adore the "Body and Blood of Our Lord Jesus Christ", broken and given for the salvation of all, made food to support our "life in the Spirit" - it is the feast of the Eucharist. The real presence of Christ, the Eucharist recalls directly the memory of the Incarnation, which constitutes the central and supporting core of its own reality.

With the mystery of the Incarnation, man is as "deified". Christ ensures, over time, this delicate and special identity to man, in the "bread" established, to nourish him spiritually over time.

The Eucharist, therefore, forms the very basis, the "source and summit", of the Church and Christian life, which thus becomes the "historical continuation of the Incarnation", with the specific task of administering all the goods of Redemption, offered freely by Christ himself, and delivered especially in the sacramental substance.

Jesus multiplied the loaves and fishes to feed the crowd that followed him: real food works and nourishes me, providing energy and growth, even when I am unaware of it, even when asleep it turns into flesh, blood and vital energy. Spiritual food, however, is different: it is effective if I collaborate with Christ, who wants to transform my life into his.

The Eucharist is the feast of faith, it stimulates and strengthens faith. Our relationships with God are shrouded in mystery: it takes great courage and great faith to say: "Here is the Lord!" If I look at myself, I always find myself small, imperfect, a sinner, full of limits. Yet God loves me, as he loves all persons, to the point of becoming our food and drink to communicate his divine life to us, to make us live his life of love.

The Eucharist is not credible if it remains just ritual, the memory recalled two thousand years ago. Instead, it is a "school of life", a proposal of love that involves my whole life: it must make me available to love my neighbour, to the point of giving my life for others according to the example that Jesus left us.

REV DOM AIDAN DOYLE RIP, monk of Belmont Abbey and parish priest of Leominster and Bromyard sadly passed away on Monday 27th May. Requiem Mass and Burial on Thursday, 27th June, at 2.30pm. May he rest in peace.

CONFIRMATION Congratulations to everyone who was confirmed at Saint Francis Xavier's church last Sunday.

YOUR OPINION PLEASE Following a number of thefts of money from the candle stands the possibility of installing cameras in church is being considered. What do you think? Please let a PAC member know.

EMMAUS YOUTH Forthcoming dates - Saturday 29th June to Sunday 30th June – trip to Celebrate, Wales at Mary Immaculate High School in Cardiff. Saturday 13th July from 2.30 to 5.30pm at Our Lady's. For information: email emmausyouth@hotmail.com or phone Jacqui/Rob Corrigan on 01432 352241.

PARISH BBQ - Sunday 30th June, from 12.30pm (after the 11.30am Mass). Good food, bar, beverages & a bouncy castle. Tickets will be on sale after Sunday Masses, or to reserve tickets please contact Fran Keogh on 01432 840847. Adults & children 12yrs and over - £5; Concessionary & children 5-11 years - £3; Children under 5 - free. If the weather is inclement, we will be in the Parish Hall.

EUCCHARISTIC ADORATION at the Poor Clares Monastery (Much Birch) Sunday 23rd June 7.30am - 4.30pm with Mass at 11.00am, Evening prayer at 4.00pm

LONGWORTH - HEREFORDSHIRE'S PRE--REFORMATION CATHOLIC CHAPEL His Grace Archbishop George Stack is returning this year to celebrate Holy Mass in the Chapel on Wednesday 17th July at 11am. (The Chapel is on the road leading to St Michael's Hospice, Bartestree)

CHURCHES TOGETHER IN HEREFORD QUIZ TRAIL on Tuesday 9th July. Meet in the car park by Bodenham Primary School at 6:30 pm to collect your quiz paper. Followed by a summer supper at Bodenham Chapel. If the Quiz Trail is not for you, then come and join us for Supper at the Chapel at about 7:45 pm.

MEALS TO FAMILIES IN NEED A local community initiative will be running the "Wellbeing Café" through the school summer holiday offering free meals to children and young people, Wednesday to Saturday each week in the Pavillion on Castle Green in Hereford. One of the organisers briefed our lunch club volunteers recently. If you would like to volunteer to help please email Harry on harry.wellbeingcafe@gmail.com Poster and handouts at back of Church.

NEW CAMPAIGN FROM CAFOD: "OUR COMMON HOME" - Climate change affects our health, our homes, our heritage and our beautiful landscapes. It ruins the work we do to fight poverty and to lead better lives. Join CAFOD on Wednesday 26 June to lobby our MPs in Parliament to ask the government to get behind urgent climate action. Coach leaving from Swansea, Bridgend and Cardiff. Book online (<https://www.eventbrite.co.uk/e/the-time-is-now-lobby-and-pilgrimage-tickets-54923178706>) or contact southwales@cafod.org.uk or call 07823 445112. Please sign the online petition to the Prime Minister here (<https://e-activist.com/page/36329/petition/1>)

CELEBRATE WALES 29-30th June 2019 Celebrate Wales. For information visit:- www.celebrateconference.org/wales or Michael Coyle on 01952 417223 or Rob Corrigan on 01432 352241.

BEREAVMENT SUPPORT TRAINING The Archdiocese is running sessions for those interested in forming a bereavement support group on Saturday 6th July at the Pastoral Resources centre in Cardiff. The cost is £25 which the parish will pay. More info from Ansti Corelis at f1c@rcadc.org

HOLY HOUR OF PRAYER FOR VOCATIONS The seminarians of the Archdiocese of Cardiff warmly invite you to join them in a guided Holy Hour in front of the Blessed Sacrament to pray for an increase in vocations to the sacred priesthood and religious life. This moment of prayer will take place at St David's Cathedral, Cardiff on Wednesday, 17th July at 6pm. All are welcome.

Sunday fun What do you call the lettering on an invitation to a baby's first sacrament? The Baptismal font.

Last Sunday's Collections 16 th June 2019		200 Club June winners
First collection	£259.87	1st Jim Hamilton (9)
Gift Aid	£185.65	2nd Rene Jones (16)
Today's 2 nd collection – Day for Life		

WELCOME to Our Lady's church. If you have recently moved into the area or if you are just visiting please make yourself known to us. Come and join us for tea or coffee after the morning Masses.

At our 9.30am Mass you will see the Mass responses, readings and hymn words projected overhead. We hope that this will help you if English is not your first language or if you are not familiar with the Catholic Mass. There are also books for your use, if you prefer.

At the 11.30am Mass you can find the same information in the Parish Mass books and hymn books.

MASS INTENTIONS The Sacrifice of the Holy Mass is the greatest gift we can offer for those whom we love, for those who need our prayers, for a special intention, and for our family and friends whose memories we cherish and hold dearly. Envelopes for Mass intentions are available in the porch.

PIETY SHOP Many Catholic items are available in the shop in the porch, at the back of church.

HOSPITAL VISITS – Please inform Fr. Patrick if you or a family member would like him to visit.

CHILDREN'S AND YOUNG PEOPLE'S GROUPS

Children's Liturgy takes place in the Lady Chapel during the 9.30 am Mass on Sundays. All children and their adults are welcome. Please wait in church until you are called forward. Children attending the children's liturgy group will participate in their own penitential rite, liturgy of the word and intercessions with activities about the day's Gospel. The children re-join the congregation at the offertory. For further information or if you would like to help run the group please contact Lynn on 07973 994867

WIGL group takes place each Sunday from 10.40am to 11.25am in the parish hall (or parish room) so that children can come along either after 9.30am Mass or just before attending 11.30am Mass. It is a group for children who are roughly in years 4 to 8. Inspired by St Teresa of Calcutta, the group tries to "Do small things With Great Love"; meeting together weekly to enjoy fellowship and develop together spiritually through fun, games and prayer and to undertake activities for the benefit of others. For more information contact Lindsaye, Lynn, Magda or Amanda.

Emmaus Youth is a community of young Christians in and around Hereford who support and care for each other. Through regular gatherings, in the parish hall, they seek to grow together in fellowship, in faith and in love of the gospels; while celebrating music, ministry and pizza! For details of the next meeting and other activities email emmausyouth@hotmail.com

First Communion There is an annual preparation programme that commences in the autumn each year, culminating in the First Communion Mass in May or June.

Confirmation preparation takes place in cooperation with other parishes in the deanery. For all initial enquiries about First Communion or Confirmation please speak to the parish priest.

PAC members are Mark Slane (chair) Fran Keogh, Denise Lissaman, Marian Smith, Lindsaye Briscoe, Lynn Johnson.

HELPING THE LESS FORTUNATE

Lunch Club Each Saturday from mid-day to 1pm we provide lunch for those who need it, in the parish room. We have five teams of volunteers who take it in turn to cook and serve the lunch. Food is provided by donations from Tesco and occasional parish collections. More volunteers are always welcome.

Foodbank Our parish has been supporting the Hereford Foodbank for many years. Menus of suggested items are available and displayed at the back of church. Any donations can be left under the table in the church porch.

TOILETS are available by the entrance to the church (on the left as you exit) and through the door that leads to the Lady Chapel on the right hand side of the church as you face the altar. A baby changing table is available in the toilet by the Lady Chapel. Please take all nappies home with you.

USEFUL CONTACT NUMBERS

Our Lady's Primary School 01432 274814.	Computers: John the Computer Doctor 370861
Church Hall Hire Lindsaye Briscoe 07832 694284	Funeral Directors:
Angels Catering Catering for all occasions, parties, baptism and funerals meals and teas. Denise Lissaman 07792545106. dtl1955l@outlook.com or Carol on 07889092006 carol.bowyer@yahoo.co.uk	Bayley Brothers 272465, Shayne Hogg 341871, Dawe Brothers 274066, Cathedral Funeral Services (Catholic) 340777

<p>PARISH SCHEDULE 23rd – 30th June</p> <p>Sunday 23rd Corpus Christi 9.30 am Fr Matthew Carney 11.30 am Doris and Salvatore Vella 4.00 pm Polish Mass 6.30 pm People of the Parish</p> <p>Monday 24th No Mass at here. Mass available SFX at 9.00 am</p> <p>Tuesday 25th 7.00 pm Sally Johns</p> <p>Wednesday 26th 9.30 am George Mecina</p> <p>Thursday 27th 9.30 am Maureen Regan</p> <p>Friday 28st The Most Sacred Heart of Jesus 9.15 am School Mass. All are welcome. 7.00 pm Veronica Thomas</p> <p>Saturday 29th The Immaculate Heart of Blessed Virgin Mary 10.00 am Confessions, adoration 11.00 am Holy Souls</p> <p>Sunday 30th June St Peter and St Paul 9.30 am 11.30 am People of the Parish 6.30 pm Antoni Busko and Fr Benjamin Busko</p>	<p>Rota Schedule for 29th June – 6th July</p> <p>Flowers: Elaine Church cleaning: Saturday 11.30am Volunteers please.</p> <p>Ministries for 30th June</p> <p>Altar Linen: B Spanjers Counting: K Davies, L Briscoe Welcomers: 9.30am M Whent and E Pawlowicz 11.30am J McGowan and M Slane 6.30pm C Milsom</p> <p>Readers: 9.30am J Sullivan 11.30am N Long 6.30pm. R Seamarks</p> <p>Eucharistic Ministers: 9.30am F Keogh, H Fishlock, S Bray 11.30am E Cotterell, H Meenaghan, A Staton 6.30pm. M Evans, C Milsom, S Crowley Our Lady's Lunch Club Team 1 this Saturday, 29th June, from 12.00 noon till 1.00pm.</p> <p>Polish Information: Następna Msza Św w języku polskim odbędzie się w niedzielę 28 lipca o godz 16:00, Polish Mass Next Mass Sunday 28th July at 4pm.</p> <p>St Mary's Syro-Malabar Community Next Mass Sunday 14th July 4pm</p>
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Please pray for the sick: Sally Johns, Nigel Cotterill, Margaret Ditchfield, Joe Ditchfield, Ben Balnaves, Mia Watkins, Emily Egan, Maria Opuni, Val Woods. Patrica Bunclark, Jeanette Pugh, Agnes McGowan, Felicity Davies, Juliet McQuillan, Bill Tyler, Velina Milsom, Daniel Joseph, Pat Staton, Pearl Bray, Aileen Hepworth, Rev Dom James Norris, Paul Bennett, Timothy Bunclark, Gail Gibbons, Ruby Chandler-Marsh, Pat England, Michael Morris, Brian Morris, Alice Jones, Sue Watkins, Dymphna O'Neil, Sylvia Jones, Anna Foggo, Katie Richardson, Rita O'Leary & all in our prayer book.

Please also remember in your prayers the recently dead: Rev Dom Aidan Doyle, Andrzej Remisz, Michael Sheedy, Robert (Bob) Taylor, and **also all those whose anniversaries of death are in June** –Antoni Switalski, Vincent Aiello, Alison Fishlock, Christopher Pick, Bridget Anne Parsloe, Russell Sabel, William Collins, Enid Uden, William Lynes, Robert Derbyshire, Irene Gecks, Evelyn Lavell, Iris Croke, Alexa Laszowskyz, Gerald O'Hagan, Esther Scott, Dermot Kelleher, Lewis Murgatroyd, Zbigniew Pawlowicz, Albert LeSurf, John Donelon, Teresa Scraba, Tony Pye, Rose Rattle and Dorothy Rohde, Ceri Strong, Jan Prosniewski, Romanita Penãlosa, Henry Matty, Anna Schmidt.

ARCHDIOCESAN CYCLE OF PRAYER: This week we pray for Saint Frances of Rome, Ross on Wye; Rev Nicholas James; Saint Joseph's Primary School, Ross; Ross Community Hospital.

POPE FRANCIS' JUNE PRAYER INTENTION: The Mode of Life of Priests That priests, through the modesty and humility of their lives, commit themselves actively to a solidarity with those who are most poor.

To pray with the pope for his monthly intention: <https://clicktopray.org/pray-with-the-pope/>